



The Integrated Feminine
Specialized Pelvic Floor Therapy
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Physical/Occupational Therapy Referral Form Pelvic Floor Therapy Specialized OT

Patient Name	Patient Phone Number
Diagnosis/ICD	Date of Birth

Occupational Therapy Treatment Order:

☐ Evaluate and Treat	☐ Per Therapist Discretion
☐ Manual Therapy	☐ Biofeedback
☐ Therapeutic Exercise	☐ Home Exercise Program

Specific Instructions/Precautions: _____

Diagnoses/Problems: (for female AND male patients)

☐ Pelvic Pain (R10.2)	☐ Abdominal Pain(R10.9)
☐ Hip Pain(M25.55)	☐ Lumbar/Flank Pain (M54.5)
☐ Sciatica (M54.3)	☐ Thoracic Pain (M54.6)
☐ Neuralgia (M79.2)	☐ Sacrococcygeal disorder (M 53.3)
☐ Pubic Symphysis Diastasis(o26.73)	☐ Headache (784.0)
☐ Slow Transit Constipation (K59.01)	☐ Fecal Incontinence(R15.9)
☐ Painful Defecation (R30.0)	☐ Outlet Obstruction Constipation (K59.02)
☐ Incomplete Defecation (R15.0)	☐ Urge Incontinence(N39.41)
☐ Urinary Urgency(R39.15)	☐ Stress Incontinence (N39.3)
☐ Poor/Weak Stream (R39.12)	☐ Painful Urination(R30.0)
☐ Vulvadynia (N94.819)	☐ Perineal body tear/laceration(o70.9)
☐ Abdominal adhesion/ restriction(K66.0)	☐ Prolapse (N81.1)
☐ Pelvic Muscle Wasting (N81.84)	☐ Irritable Bowel (K58)
☐ Rectus Diastasis(R14.0)	☐ Abdominal Bloating (R14.0)
☐ Dysmennorhea (N94.6)	☐ Scarring condition (L90.5)

Other: _____

Frequency:	☐ 1x/week	☐ 2x/week	☐ Per Therapist Discretion
Duration:	☐ 6 weeks	☐ 12 weeks	☐ Per Therapist Discretion

Physician Signature	Date of Referral	Office Phone	Office Fax
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TO SCHEDULE, PLEASE CALL (971) 337-6372 & fax (503) 914-1912 or scan/email form to info@integratedfeminine.com